

# FRANK ADOPTION CENTER

*Transracial Families Monthly Resource Newsletter*

NEWSLETTER 1

PODCASTS

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## **WHEN XENOPHOBIA SPREADS LIKE A VIRUS**

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## **OUR HOMELAND IS EACH OTHER**

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## **FEAR OF A WHITE NEIGHBOR**

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## **1619: THE FIGHT FOR TRUE DEMOCRACY**

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## **5 Things I Wish My White Parents Knew**

Being adopted into a white family as a black person has its own set of difficulties for everyone involved. The worst part, however, is not being able to talk to your parents about your experiences because they, as white people, have no clue what living as a black person in America is like. For me, this was one of the most alienating things about being transracially adopted. Of course, my family loves me; I never felt like they were racist or that they loved me any less than their biological kids, but I'd be lying if I said there aren't a lot of things I wish my parents had done better in regards to adopting transracially. Things that would have made me feel more included, equal, closer to all of them. [Continue Reading Here](#)

## **How to Talk to Children About Racism, Prejudice and Protests**

The world has again been shaken by trauma. Many children will be distressed and confused by what they are seeing, hearing, or experiencing. Our children will be an important part of the healing moving forward but first, we have to bring a sense of safety to their world. The conversations we have with them now are as important for that, as they are for helping them grow into the adults the world is yearning for. [Continue Reading Here](#)



MORE RESOURCES

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**RACHEL CARGLE: THE GREAT UNLEARN**

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**SESAME STREET: I LOVE MY HAIR**

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**LION**

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**I AM PERFECTLY DESIGNED**

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**IN THEIR VOICES: BLACK AMERICANS ON TRANSRACIAL ADOPTION**

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**A SINGLE SQUARE PICTURE: ADOPTEE'S SEARCH FOR HER ROOTS**

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## **Proactive Engagement: The Adoptive Parent's Responsibility When Parenting a Child of a Different Race**

The decision to become a parent often brings with it one of life's greatest joys and carries with it a whole host of commitments and responsibilities to provide for the many needs children have: from food, shelter and clothing, to healthcare, education and much more. In choosing to pursue the privilege of growing one's family through adoption, adoptive parents are committing themselves to the responsibility of understanding and addressing the issues and needs specific to adoption, which can include loss, grief, identity formation, maintaining birth family connections, accessing health history information, and more. There is even more added responsibility in addressing the issues, privileges and challenges that arise when adopting a child of a different race. [Continue Reading Here](#)

**"Hopeful parents who choose to adopt children of another race must be prepared for the realities, as well as commit to a never-ending racial education."  
- Rachel Garlinghouse**